

Detailed Risk Assessment for Expectant Mothers *(as of 19.06.2018)*

for the revision of the Maternity Protection Act
(Mutterschutzgesetz - MuSchG)

Student's name and student ID number:

carried out by: _____

on: _____ for the course(s):







As of 01.01.2018, the Maternity Protection Act (MuSchG) also includes students in its scope of protection, as long as the university determines the time, place and schedule of the classes (such as lecture, seminars, or practice courses.) Freely determined activities are excluded (such as time in the library.) As part of the detailed risk assessment, it must be determined in every course whether the **pregnant or breastfeeding** woman is or could be exposed to risks. This document **has to do with risks** that are **justified in the course(s) listed**. If any of the hazards are present in the above-listed course(s), check the "yes" box. In this case, **protective measures** should be taken, if possible. If the **risk is still possible**, the student **may no longer take part** in the course (see section F.)

If an **entire section** of risks is applicable ("**yes**") or not applicable ("**no**") you can simply just mark this in the **top portion of a section** to make this clear (otherwise, please use the fields within the section for your answers.)

A Risk of physical strain or impact	Yes	No
	<input type="checkbox"/>	<input type="checkbox"/>
Regularly lifting, holding, moving or carrying loads of more than 5 kg	<input type="checkbox"/>	<input type="checkbox"/>
Occasionally lifting, holding, moving or carrying loads of more than 10 kg	<input type="checkbox"/>	<input type="checkbox"/>
Lifting, holding, moving or carrying loads with mechanical devices, where physical strain could be put on the body	<input type="checkbox"/>	<input type="checkbox"/>
Low-movement continuous standing for over 4 hours per day	<input type="checkbox"/>	<input type="checkbox"/>
Frequent stretching, bending or crouching	<input type="checkbox"/>	<input type="checkbox"/>
Use of means of transportation	Yes <input type="checkbox"/>	No <input type="checkbox"/>
Possibility of accidents during the course that could be caused by falling, slipping or physical force	<input type="checkbox"/>	<input type="checkbox"/>
Wearing protective equipment that could cause physical strain	<input type="checkbox"/>	<input type="checkbox"/>
Increase of pressure in the abdomen due to high strain on the feet	<input type="checkbox"/>	<input type="checkbox"/>

Piecework, heavy labor, synchronized work	<input type="checkbox"/>	<input type="checkbox"/>
Work/possible contact with ionizing radiation	<input type="checkbox"/>	<input type="checkbox"/>
• Activity in the control area	<input type="checkbox"/>	<input type="checkbox"/>
• Other activities	<input type="checkbox"/>	<input type="checkbox"/>
• Contact with radioactive substances	<input type="checkbox"/>	<input type="checkbox"/>
Work/possible contact with non-ionizing radiation	<input type="checkbox"/>	<input type="checkbox"/>
• Magnetic resonance imaging	<input type="checkbox"/>	<input type="checkbox"/>
• Other extreme electromagnetic fields	<input type="checkbox"/>	<input type="checkbox"/>
Work with shaking, vibration or noise	<input type="checkbox"/>	<input type="checkbox"/>
Work in the cold, heat or wetness	<input type="checkbox"/>	<input type="checkbox"/>
Rooms with overpressure in accordance with § 2 of the compressed air regulations (Druckluftverordnung) (0.1 bar)	<input type="checkbox"/>	<input type="checkbox"/>
Rooms with an oxygen-reduced atmosphere	<input type="checkbox"/>	<input type="checkbox"/>

B Risk through lack of rest	Yes	No
Work that last over 8 hours per day or over 80 hours every 2 weeks (including Sundays.)	<input type="checkbox"/>	<input type="checkbox"/>
Working between 8 PM and 6 AM (The student may explicitly state her willingness to work until 10 PM; see section E.)	<input type="checkbox"/>	<input type="checkbox"/>
Working on Sundays and holidays	<input type="checkbox"/>	<input type="checkbox"/>

C Risk through hazardous chemical substances (Normally not applicable for social or cultural studies) If exposed to chemical substances that are assessed in accordance with Appendix I Regulation (EC) (Anhang I Verordnung (EG)) 1272/2008 as:	Yes	No
toxic for reproduction according to category 1 A, 1 B or 2 or according to the additional category for effects lactation (H360, H360F, D360D, H360FD, H361, H361f, H361d, H361fd, H362) 	<input type="checkbox"/>	<input type="checkbox"/>
mutagenic according to category 1 A or 1 B (H340, H341) 	<input type="checkbox"/>	<input type="checkbox"/>
carcinogenic according to category 1 A or 1 B (H350, H350i) 	<input type="checkbox"/>	<input type="checkbox"/>
specifically toxic for target organs after one exposure according to category 1 (H370) 	<input type="checkbox"/>	<input type="checkbox"/>
acutely toxic according to categories 1, 2 or 3 (H300, H310, H330, H301, H311, H331) 	<input type="checkbox"/>	<input type="checkbox"/>
lead and lead derivatives where there is a risk of the substances being absorbed by the human body 	<input type="checkbox"/>	<input type="checkbox"/>
Hazardous substances that are identified as possibly leading to the risk of fetal harm, even if the workplace-related guidelines are adhered to.	<input type="checkbox"/>	<input type="checkbox"/>

D Risk through biological substances (Normally not applicable for social or cultural studies)	Yes	No
	<input type="checkbox"/>	<input type="checkbox"/>

Activities with possible contact with biological substances in the risk group 2, 3 or 4 (also see the Biological Agents Ordinance (Biostoffverordnung) from the Federal Ministry of Labour and Social Affairs as well as the Technical Rules for Biological Agents (TRBA) 460, 462 u. 466). These include, for example: the hepatitis B virus, hepatitis C virus, human immunodeficiency virus (HIV), measles virus, mumps virus, parvovirus B 19, rubella virus, varicella zoster virus (chickenpox), borrelia burgdorferi, coxsackie virus, coxiella burnetii, toxoplasma gondii, listeria monocytogenes and the cytomegalie virus.	<input type="checkbox"/>	<input type="checkbox"/>
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E Declaration of Consent	Yes	No	N/A
I hereby express my willingness to work until 10 PM	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

F Result of the risk assessment for expectant mothers	Result
According to the detailed risk assessment, the student is not exposed to any risks in accordance with maternity safety regulations through the above-mentioned course(s). The student may therefore take part in the above-mentioned course(s).	<input type="checkbox"/>
According to the detailed risk assessment, the student is exposed to one or more risks in accordance with maternity safety regulations through the above-mentioned course(s). i) Protective measures will be taken to ensure further participation in the above-mentioned course(s). These protective measures are: _____ _____ _____ _____	<input type="checkbox"/>
ii) No protective measures can be implemented. Further participation of the student in the course(s) is not permitted.	<input type="checkbox"/>

Place, date

Signature of the executing authority (must match the information on page 1)

Signature of the expectant or breastfeeding mother (to confirm the acknowledgement)